

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## PRO PLATE T-BAR ROW

Power Lift's T-Bar Row machine gives athletes an effective way to target every major muscle group in their back. Low start resistance and ball bearing joints help provide a smooth lift, and the easy setup eliminates the normal inconvenience of installing a row station.

### KEY FEATURES:

- Dual hand grip positions
- 1 1/4" thick handles
- Oversized non-skid platform provides for multiple foot placement
- XL chest pad with wear cover
- Low start resistance, with ability to add plates to accommodate all fitness levels
- 3" thick pads for user comfort and support
- Movable joints feature ball bearings
- Urethane foot pads with XTrax standard



### Overall Dimensions:

83" (L) x 32" (W) x 48" (H)  
325 lbs. (Approximate Weight)

### Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

### Part Number:

71707B

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